

Hospital Bag Packing List

FOR MOM

- Personal Care
 - Lotion & chapstick
 - Eye drops
 - Shampoo & conditioner
 - Body wash
 - Deodorant
 - Makeup bag (has hair ties, comb)
 - NBD hair cream
 - Flip flops
 - Towel
 - Toothbrush & toothpaste
 - Dermoplast
- Clothes
 - Socks x3
 - Underwear x3
 - Nursing bras x2
 - Nursing PJs
 - Nursing tank
 - Long sleeve
 - Tees x2
 - Maternity leggings
 - Postpartum leggings
 - Light robe
- Misc
 - Face mask
 - Pillow case

FEEDING

- Nursing pillow
- Nipple cream
- Nursing pads
- Burp cloths

GENERAL

- Insurance card & ID
- Phone charger
- Pen, paper & folder
- Treat for nurses' station

FOR BABY

- Jammies x2
- Onesies x2
- Socks
- Hat
- Nail file + mittens
- Swaddle
- Blanket